

# Simple + Sultry Sunless Tanning

## **The Days Following**

### **Keeping The Tan:**

- ☞ Use a clear body wash when showering.

Washing your body using only your hands is best.

DO NOT exfoliate.

- ☞ Avoid hot showers and heavy workouts/tight workout clothes.

- ☞ Pat dry after showering, no rubbing.

- ☞ Lotion liberally after each shower.

- ☞ Only shave for hair removal, and do so gently.

Using a new blade is best.

- ☞ For perfume, spray in front of you and walk through.